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Belle Vive Spa’s “Extreme Makeover” Helps Fort Mill Woman Lose 24 lbs., 12% Body Fat

Fort Mill, SC (August 9, 2007) – Fort Mill, South Carolina’s **Belle Vive Spa and Wellness Centre** has unveiled the results of their fourth annual “Extreme Makeover” project. During the four-month duration of the makeover, participant Andrea Steele lost 24 pounds, 12 percent body fat, 26 inches around her waist, and four dress sizes.

The unveiling was held at **Belle Vive Spa**, located at 134 Clebourne Street in Fort Mill, South Carolina. On display were “before” and “after” pictures, showcasing Andrea’s impressive results. Andrea received a standing ovation from her friends and family, as well as the Belle Vive Spa staff.

Every year, Belle Vive chooses their single “Extreme Makeover” participant based on brief application letters received by the spa. Every letter explains why the writer, or a friend or family member of the writer, would make a worthy winner. This year, Belle Vive received more than 100 applicants. Andrea was chosen as a result of a touching testimonial written by her husband.

As winner, Andrea received a four-month pro bono wellness program, including nutritional coaching, three hours of personal training a week, and regular body fat analysis. She also received a full day of luxury at Belle Vive Spa, which included a facial, massage, manicure, pedicure, and haircut and style. For the unveiling, she also received an outfit to best flattered her new figure.

About Belle Vive Spa and Wellness Centre

Belle Vive means “beautiful living” in French. The staff at **Belle Vive Spa and Wellness Centre** strives to enhance personal beauty and improve the quality of life through their experience, expertise and advice. This full-service salon and spa offers a complete menu of hair, nail, skincare, massage and spa packages as well as a wellness centre where the focus is on fitness and nutrition. Their mission is to delight at every visit. For more details or to view the menu visit the website at www.bellevivespa.com

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