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**Belle Vive Spa and Wellness Centre to Donate Six Months
of Services for 2008 “Extreme Makeover”**

Fort Mill, SC (January 15, 2008)—For their 2008 “Extreme Makeover” contest, **Belle Vive Spa and Wellness Centre** will donate six months of services to help completely transform the health and wellness of a deserving area woman. The Extreme Makeover winner will participate in a six-month pro bono program which will include personal training, nutritional education and maintenance, hairstyling, and a day at the spa.

Extreme Makeover winners are chosen via submitted entry forms, on which applicants provide a short story explaining why they, or someone they know, would be an ideal candidate. A picture of the subject must also be included. A single participant is chosen based on the circumstances described in the application.

“Every year we receive some truly touching and emotional stories,” said **Belle Vive Spa and Wellness Centre Owner Christy Griffin**. “Due to circumstances beyond their control, many of our applicants aren’t able to maintain a wellness program. Their health has suffered to the point where they would have to take extreme steps to fix it, which is where we come in. Because of the six-month duration of the Extreme Makeover, we can not only show someone how to get healthy, but help that person establish healthy habits.”

Belle Vive Spa and Wellness Centre is welcoming applications for their 2008 Extreme Makeover through January 31. A participant will be selected by February 15.

The 2008 Extreme Makeover marks the fifth consecutive year Belle Vive Spa and Wellness Center has donated time and services to help improve the quality of life for local women. Last year’s participant, Andrea Steele, lost 24 pounds, 12 percent body fat, 26 inches around her waist, and four dress sizes.

About Belle Vive Spa and Wellness Centre

Belle Vive Spa and Wellness Centre is an award-winning, upscale, full-service spa located in a beautifully converted Victorian home in historic downtown Fort Mill. Belle Vive offers everything from hair cutting and styling, massages, manicures, pedicures, and facials, to all-inclusive packages that contain a day full of delights. Private rooms are available for parties and showers. “For-Him” packages are also available. To view a menu of services, visit www.bellevivespa.com.

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